

# HAND IN HAND

QUARTERLY NEWSLETTER



BOYS & GIRLS CLUBS

**5,000 Clubs  
+ \$10 Million Dollars  
= 3.6 Million Youth  
Receiving Mental  
Health Support**

We are excited to announce the partnership between Boys & Girls Clubs of America and Blue Cross Blue Shield to combat the youth mental health crisis.

On Tuesday, June 27, 2023 BCBS of North Dakota Caring Foundation along with BCBS Association announced a partnership with Boys & Girls Clubs of America that includes an investment of \$10 million to address youth mental health.

There is a critical need to promote mental health and well-being for all young people - helping them develop the resilience to cope with challenges so they can have a positive quality of life and become well-rounded, healthy adults. Yet the mental health of children and adolescents has been a growing concern over the past few decades; the ongoing stressors and challenges young people face in their daily lives is taking a toll on their mental well-being.

Out of school programs like the Boys & Girls Clubs of the Red River Valley are the perfect partner to help combat this mental health crisis by supporting healthy development for all youth. Our programs provide youth a safe place, caring mentors, and meaningful life experiences that boost self-esteem, build confidence, and contribute to an overall positive and healthy well-being.

Join us in supporting the youth in our community by providing access to these critical mental health resources. **DONATE TODAY.**

**GREAT FUTURES START [HERE.](#)**



**BOYS & GIRLS CLUBS  
OF THE RED RIVER VALLEY**



The CLUB Teen Center programs are designed specifically for grades 6 - 12 and provide meaningful experiences today, so teens are ready to chase their dreams tomorrow.

Experiences like the Maris Academy - a partnership between the Boys & Girls Clubs of the Red River Valley, Sanford Health, and the Sanford Health Foundation.

Maris Academy is a multi-year program that provides exciting career exploration for teens right here in our community.

We wrapped up our first year of the Maris Academy on Wednesday, June 21st with a celebration at Kingpinz for a little lunch, a little bowling, and a whole lot of fun.

Joining the teens in celebrating were members of the Maris family, Sanford Health Fargo President and CEO Tiffany Lawrence, and Sanford Health Foundation staff.



[BGCRRV.org](http://BGCRRV.org)